

Oklahoma Food Cooperative

The Oklahoma Food Cooperative offers another option for purchasing local food. The co-op is like a monthly, online farmers market that allows members to buy from farmers and artisans located all over the state. Products include meats, cheeses, eggs, grains, nuts, honey, fresh produce, baked goods, and more. Orders are delivered to more than 30 distribution sites across Oklahoma. New members are always welcome. More information is available online at www.oklahomafood.coop.

EATING WITH THE SEASONS

Every crop has a season in which it grows and becomes ready for harvest. Some prefer cool temperatures and others need lots of heat. Fruits and vegetables are most flavorful and nutritious when picked at or near their peak ripeness.

When shopping at an Oklahoma Grown farmers' market, expect to find an ever changing selection of fruits and vegetables over the course of the season. Experience the thrill of finding and preparing your old-time favorites and trying something new, each week throughout the year.

PARTNERS

A special thanks to our Buy Fresh Buy Local Central OK partners contributing to this Farmers Market Guide:



Buy Fresh Buy Local is a project of the Kerr Center for Sustainable Agriculture and the FoodRoutes Network, in partnership with the Oklahoma Sustainability Network (OSN). Collaborators on this project included Oklahoma DEQ, Sustainable OKC and Oklahoma Sierra Club.

Please email additions or changes to this brochure to: sderichsweiler@cox.net. Thank you!

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Central Oklahoma
FARMERS' MARKET
2011 GUIDE

BLANCHARD

Blanchard Farmers' Market
222 South Main St.
Saturday: 7:30am-Noon, April thru October
Dev Vallencourt: 405-485-2943; hightidesok@gmail.com

CHICKASHA

Chickasha Farmers' Market
7th St. & Chickasha Ave.
Tuesday & Saturday: 7am–Noon, May thru October
Chamber of Commerce: 405-224-5040

CHOCTAW

Eastern Oklahoma County Farmers' Market
Choctaw Creek Park at 2001 N. Harper
Saturday: 8am-Noon, June thru October
Bernie Nauhelmer: 405-290-8198;
finance@choctawcity.org

EDMOND

(2nd St, just west of Broadway)
Spring Garden & Produce Market
Saturday: 9am-1pm, mid-April thru May
Farmers' Market
Saturday & Wednesday: 8am-1pm, June thru September
Fall Garden & Produce Market
Saturday: 9am-1pm, October
Edmond Parks Dept.: 405-359-4630

EL RENO

El Reno Farmers' Market
Ross Feed & Seed at 100 S. Choctaw,
Wednesday & Saturday: 8am-Noon, June thru September
El Reno Main St.: 405-262-8888; codielee@cox.net

GUTHRIE

Guthrie Farmers' & Crafters Market
1st St. between Oklahoma & Harrison Ave.
Saturday: 8am-Noon, June thru September
Mary Coffin, Chamber of Commerce: 405-282-1947;
mary@guthrieok.com

MIDWEST CITY

Mid-Del Farmers' Market
7209 SE 29th Street (behind Starbucks)
Saturday: 9am-Noon; Tuesday: 4:30-7:30pm
June thru October
Bob Davis: 405-732-7677; mdfma@live.com

MOORE

Old Town Farmers' Market
301 S. Howard (Moore Community Center south
parking lot)
Saturday: 8am-Noon; Thursday: 4pm-7:30pm
Late May thru September 1
Todd Jenson: 405-793-5090

MUSTANG

Mustang Kiwanis Farmers' Market
470 W. Hwy 152 (behind Kiwanis building)
Saturday: 8am-11am, June thru August
Christie Scott: 405-831-0797;
questions@mustangcommunitygarden.com

NOBLE

Noble Farmers' Market
City Hall on Highway 77 - 304 S. Main
Saturday: 8am-1pm, May thru October
Robin Stead: 405-872-0100; steadlaw@sbcglobal.net

NORMAN

Norman Farmers' Market
Cleveland County Fairgrounds - 615 E. Robinson
Wednesday and Saturday: 8am-Noon, April thru October
Andrea Earles: 405-360-4721, ccfb@sbcglobal.net

OKLAHOMA CITY

Lovely Day Fine Art, Plants & Farmers' Market
2616 N. Shartel (corner of Shartel & 26th Street)
Tuesday, 3:30pm-7:30pm, July 4 thru October (or later)
Janice Montgomery: 405-521-9947;
janinokmulgee@yahoo.com

OKLAHOMA CITY (cont.)

Midtown Market at Saints (Urban Agrarian)
NW 9th and Walker (east parking lot)
Friday: 1pm-6pm, May 13th to October 28
Matthew Burch: 405-615-5797, info@uaoklahoma.com

OSU-OKC Farmers' Market - Open year-round
400 North Portland, OSU-OKC Horticulture Pavillion
Saturday: 8am-1pm, April thru October
Winter hours: 10am-1pm
Cheryl Camp: 405-945-3358; cacamp@osuokc.edu

OSU-OKC Farmers' Market (Sponsored by Chesapeake)
Wednesday: 2:30pm-7 pm, Late May thru September
1120 NW 63rd, Glenbrook Centre East parking lot,
Cheryl Camp: 405-945-3358; cacamp@osuokc.edu

OSDH Wellness Farmers' Market
OK State Dept. of Health, 1000 NE 10th St.
Friday: 11am-1pm
May thru growing season
405-271-6127

Urban Agrarian Local Foods Market
"Veggie Van" at NW corner of NW 23rd & Hudson
Sunday: 11am-3pm, Open year-round
Matthew Burch, 405-615-5797, info@uaoklahoma.com

Women in Agriculture
1701 N. Martin Luther King
Friday: 9am-1pm, June 17 thru August 26
Tammy Steele: 405-424-4623; info@okwomeninag.org

SHAWNEE

Pottawatomie County Co-op Farmers' Market
Hwy 177 & Hardesty Road (Go west at intersection, across
from Shawnee Feed Center)
Wednesday & Saturday: 8am-2pm, Mid-April thru October
Brannon McDougal: 405-273-7683

TUTTLE

Tuttle Farmers' Market
SW 2nd and Main St.
Saturday: 7:30am-11am, May thru September
Mary Smith: 405-381-2249; bazhaw@sbcglobal.net

FARMERS' MARKETS

Farmers' markets offer shoppers a wide variety of fresh, locally grown fruits, vegetables, herbs and other farm-fresh foods. Many markets also have eggs, meats, honey, plants, flowers and hand-crafted items. Some have baked goods, dairy products, nuts, and even live music.

Farmers' markets provide family farmers and local food enterprises a reliable place to sell the fruits of their labor directly to the public, keeping those dollars in our local economy.

Visit a Central Oklahoma farmers' market near your work or home and get to know your local farmers.



DISCLAIMER

Some farmers' markets listed in this brochure sell produce that is NOT Oklahoma grown. Please check with vendors for verification.